

YOUR MENU

ROOM # _____ NAME _____
NATIONALITY _____ RELIGION _____
FOOD ALLERGY _____
DATE OF ARRIVAL ____/____/____

MENU 1

BREAKFAST (7-9AM)

- International* Fried egg with chicken sausage
Local Touch Congee with pork and condiments

- Coffee Tea

LUNCH (12-2PM)

Greek salad and bread

- Grilled seabass with spinach and lemon sauce
 "Tom Kha Gai" with steamed jasmine rice

DESSERTS: Carrot cake & fresh fruits

DINNER (6-8PM)

Pomelo salad and bread

- Classic tomato spaghetti
 Deep-fried fish, tamarind sauce and steamed jasmine rice

DESSERTS: Vanilla choux cream & fresh fruits

MENU 2

BREAKFAST (7-9AM)

- International* Cereals with fresh milk
Local Touch Congee with chicken and condiments

- Coffee Tea

LUNCH (12-2PM)

Shrimp salad and bread

- Truffle mushroom risotto
 Stir-fried pork, chili, hot basil with steamed jasmine rice and fried egg

DESSERTS: Banana cake & fresh fruits

DINNER (6-8PM)

Sweet corn soup and bread

- Fettuccini bolognese
 Fried tofu with vegetable and yellow noodles

DESSERTS: Caramel tart & fresh fruits

MENU 3

BREAKFAST (7-9AM)

- International* Cheese omelet with grilled tomato
Local Touch Stir-fried rice noodles with chicken

- Coffee Tea

LUNCH (12-2PM)

Japanese salad and bread

- Fish and chips with tartar sauce
 'Pad Thai Gai' Stir-fried Thai noodles with chicken

DESSERTS: Strawberry panna cotta & fresh fruits

DINNER (6-8PM)

Tomato soup and bread

- Salmon tonkatsu, miso soup and japanese rice
 Fettuccini pesto sauce and olives

DESSERTS: Chocolate duo & fresh fruits

MENU 4

BREAKFAST (7-9AM)

- International* Cereals with fresh milk
Local Touch Congee with chicken and condiments

- Coffee Tea

LUNCH (12-2PM)

Potato salad and bread

- Stir-fried kale with seabass and steamed brown rice
 Duck confit, sauteed potato, and snow peas

DESSERTS: Fruit cheese cake & fresh fruits

DINNER (6-8PM)

Green salad with lemon dressing and bread

- American fried rice with ham
 'Phad See-ew' fried flat noodles in black soya sauce

DESSERTS: Brownie cake & fresh fruits

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MENU 5

BREAKFAST (7-9AM)

- International* Wonton noodle soup
Local Touch Scrambled egg with crispy bacon

- Coffee Tea

LUNCH (12-2PM)

Mixed salad with lemon dressing and bread

- Steamed seabass, soya sauce and steamed jasmine rice
 Roasted pork loin with potato wedges and apple sauce

DESSERTS: Raspberry financier cake & fresh fruits

DINNER (6-8PM)

Caesar salad and bread

- Spaghetti arrabiata
 Chicken massaman with roti bread and rice

DESSERTS: Mango Panna Cotta & fresh fruits

MENU 6

BREAKFAST (7-9AM)

- International* Cheese omelet with pork sausage
Local Touch Chinese-style fried noodles with ham

- Coffee Tea

LUNCH (12-2PM)

Caesar chicken salad and bread

- Marinated half roasted chicken
 'Tom Yum Goong' with steamed brown rice

DESSERTS: Apple tart & fresh fruits

DINNER (6-8PM)

Salad, mushroom cream soup and bread

- Funghi pizza
 'Phad See-ew' fried flat noodles with seafood in black soya sauce

DESSERTS: Lemon tart & fresh fruits

MENU 7

BREAKFAST (7-9AM)

- International* Fried eggs with chicken sausage
Local Touch Vietnamese noodle soup with chicken (Pho)

- Coffee Tea

LUNCH (12-2PM)

Quinoa salad and bread

- Lamb shanks stew with rosemary and smashed potatoes
 Chicken teriyaki with Japanese rice

DESSERTS: Mango panna cotta & fresh fruits

DINNER (6-8PM)

Spicy grilled pork salad and bread

- Chicken blanquette with stewed egg pasta
 'Rhad Na' rice noodles with pork in thick gravy sauce

DESSERTS: Banana cheese cake & fresh fruits

MENU 8

BREAKFAST (7-9AM)

- International* Fried egg with pork sausage
Local Touch Boiled rice with fish and condiment

- Coffee Tea

LUNCH (12-2PM)

Mixed salad with lemon dressing and bread

- Grilled seabass with spinach and lemon sauce
 Chicken teriyaki with Japanese rice

DESSERTS: Carrot cake & fresh fruits

DINNER (6-8PM)

Caesar salad and bread

- Beef parmentier truffle
 'Phad See-ew' fried flat noodles with seafood in black soya sauce

DESSERTS: Black forest cake & fresh fruits

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MENU 9

BREAKFAST (7-9AM)

- International* Cereals and plain yoghurt
Local Touch Wonton noodle soup

- Coffee Tea

LUNCH (12-2PM)

Caesar chicken salad and bread

- Roasted pork loin with potato wedges and apple sauce
 Tom Kha Gai' with steamed jasmine rice

DESSERTS: Banana cake & fresh fruits

DINNER (6-8PM)

Mixed salad and bread

- Fettuccini with pesto sauce and Kalamata olives
 Salmon tonkatsu, miso soup and japanese rice

DESSERTS: Caramel tart & fresh fruits

MENU 10

BREAKFAST (7-9AM)

- International* Eggs benedict with baked beans
Local Touch Congee with chicken and condiments

- Coffee Tea

LUNCH (12-2PM)

Quinoa salad with roasted pumpkin and bread

- Crispy glaze tofu with maple soy and steamed jasmine rice
 'Pad Thai Gai' stir-fried Thai noodles with chicken

DESSERTS: Carrot cake & fresh fruits

DINNER (6-8PM)

Spicy grilled pork salad and bread

- Barramundi, Papilot potato and red wine sauce
 'Rhad Na' rice noodles with pork in thick gravy sauce

DESSERTS: Mango Panna Cotta & fresh fruits

MENU 11

BREAKFAST (7-9AM)

- International* Cheese omelet with grilled tomato
Local Touch Fried rice with pork and fried egg

- Coffee Tea

LUNCH (12-2PM)

Potato salad and bread

- Pork knuckle with mashed potato
 Stir-fried kale with seabass and steamed brown rice

DESSERTS: banana cheesecake & fresh fruits

DINNER (6-8PM)

Pomelo prawn salad and bread

- Fettuccini Bolognese
 Shitake, morning glory with garlic and steamed jasmine rice

DESSERTS: Opera cake & fresh fruits

MENU 12

BREAKFAST (7-9AM)

- International* Poached eggs with smoked salmon
Local Touch Vietnamese Chicken Noodle Soup (Pho)

- Coffee Tea

LUNCH (12-2PM)

Shrimp salad and bread

- Grilled chicken breast, asparagus, mashed potato and pesto cream sauce
 Salmon teriyaki with Japanese rice

DESSERTS: raspberry pistachio mascarpone & fresh fruits

DINNER (6-8PM)

Tomato salad and bread

- Spaghetti arrabiata
 'Rhad Na' Rice noodles with pork in thick gravy sauce

DESSERTS: Raspberry Panna Cotta & fresh fruits

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MENU 13

BREAKFAST (7-9AM)

- International* Cheese omelet with pork sausage
Local Touch Chinese-style fried noodles with ham
- Coffee Tea

LUNCH (12-2PM)

Caesar chicken salad and bread

- Braised beef, potato with truffle and carrot
 Stir-fried kale with snowfish and steamed brown rice

DESSERTS: Apple tart & fresh fruits

DINNER (6-8PM)

Japanese salad and bread

- Seared salmon with sauteed spinach and asparagus
 Chicken massaman with roti bread with rice

DESSERTS: Lemon tart & fresh fruits

MENU 14

BREAKFAST (7-9AM)

- International* Fried eggs with chicken sausage
Local Touch Congee with pork and condiments
- Coffee Tea

LUNCH (12-2PM)

Quinoa salad and bread

- Chicken blanquette stew with egg pasta
 'Tom Yum Goong' with steamed brown rice

DESSERTS: Mango panna cotta & fresh fruits

DINNER (6-8PM)

Spicy grilled pork salad and bread

- Beetroot pasta, feta cheese and walnut and rocket salad
 Stir-fried noodles with chicken breast

DESSERTS: Banana cheese cake & fresh fruits

MENU 15

BREAKFAST (7-9AM)

- International* Scrambled eggs with smoked salmon
Local Touch Fried rice with shrimp
- Coffee Tea

LUNCH (12-2PM)

Green salad and bread

- Grilled seabass, spinach and asparagus
 Tom Yum Goong with rice

DESSERTS: Strawberry panna cotta & fresh fruits

DINNER (6-8PM)

Pumpkin soup and bread

- Funghi pizza
 Deep-fried fish with tamarind sauce and steamed rice

DESSERTS: Fruit cake & fresh fruits

MENU 16

BREAKFAST (7-9AM)

- International* Omelet with tomato and baked bean
Local Touch Boiled rice with fish and condiments
- Coffee Tea

LUNCH (12-2PM)

Spicy seafood salad and bread

- Beef parmentier truffle
 Chicken green curry with rice

DESSERTS: Opera cake & fresh fruits

DINNER (6-8PM)

Mushroom soup and bread

- Spaghetti Bolognese
 Yangzhou fried rice with sweet pork sausage, BBQ red pork and egg

DESSERTS: White chocolate strawberry cake & fresh fruits

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MENU 17

BREAKFAST (7-9AM)

- International* Poached egg with smashed avocado
Local Touch Shrimp wonton soup
- Coffee Tea

LUNCH (12-2PM)

Grilled pumpkin salad and bread

- Ham and mushroom pizza
 Stir-fried crispy pork, chili and hot basil and fried egg

DESSERTS: Choux vanilla & fresh fruits

DINNER (6-8PM)

Sweet corn soup and bread

- Fried chicken and cashew nut served with steamed jasmine rice
 Wok-fried mushroom served with steamed jasmine rice

DESSERTS: Mixed almond cake & fresh fruits

MENU 18

BREAKFAST (7-9AM)

- International* Fried egg with chicken sausage
Local Touch Congee with pork and condiments
- Coffee Tea

LUNCH (12-2PM)

Greek salad and bread

- Grilled seabass with spinach and lemon sauce
 "Tom Kha Gai" with steamed jasmine rice

DESSERTS: Carrot cake & fresh fruits

DINNER (6-8PM)

Pomelo salad and bread

- Classic tomato and basil spaghetti
 Deep-fried fish, tamarind sauce and steamed jasmine rice

DESSERTS: Vanilla choux cream & fresh fruits

MENU 19

BREAKFAST (7-9AM)

- International* Eggs benedict with baked beans
Local Touch Congee with chicken and condiments
- Coffee Tea

LUNCH (12-2PM)

Shrimp salad, sliced green apple and bread

- Truffle mushroom risotto
 Stir-fried pork, chili, hot basil with steamed jasmine rice and fried egg

DESSERTS: banana cake & fresh fruits

DINNER (6-8PM)

Burrata tomato salad and bread

- Fettuccini bolognese
 Fried rice with prawns and fried egg

DESSERTS: Caramel Tart & fresh fruits

MENU 20

BREAKFAST (7-9AM)

- International* Cheese omelet with grilled tomato
Local Touch Stir-fried rice noodles with pork
- Coffee Tea

LUNCH (12-2PM)

Japanese salad, parma ham, bread & butter

- Fish and chips with tartar sauce
 'Pad Thai Gai' Stir-fried Thai noodles with chicken

DESSERTS: Strawberry panna cotta & fresh fruits

DINNER (6-8PM)

Tomato soup, bread & butter

- Pork chop with sauteed spinach and asparagus
 Salmon tonkatsu, miso soup and japanese rice

DESSERTS: Chocolate duo & fresh fruits



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MENU 21

BREAKFAST (7-9AM)

- International* Poached eggs with smoked salmon
Local Touch Fried rice with chicken and fried egg

- Coffee Tea

LUNCH (12-2PM)

Potato salad and bread

- Duck confit, sauteed potato, and snow peas
 Stir-fried kale with seabass and steamed brown rice

DESSERTS: Fruit cheese cake & fresh fruits

DINNER (6-8PM)

Green salad with lemon dressing and bread

- Oven-baked sea bass with sauteed asparagus
 'Phad See-ew' fried flat noodles in black soya sauce and rice

DESSERTS: brownie cake & fresh fruits

MENU 22

BREAKFAST (7-9AM)

- International* Scrambled egg with crispy bacon
Local Touch Wonton noodle soup

- Coffee Tea

LUNCH (12-2PM)

Mixed salad with lemon dressing, smoked salmon and bread

- Steamed seabass,soya sauce and steamed jasmine rice
 Margherita pizza

DESSERTS: Brownies & fresh fruits

DINNER (6-8PM)

Caesar salad and bread

- Barramundi, mashed potato and red wine sauce
 Chicken massaman with roti bread and rice

DESSERTS: Mango Panna Cotta & fresh fruits

MENU 23

BREAKFAST (7-9AM)

- International* Cheese omelet with pork sausage
Local Touch Chinese-style Fried noodles with ham

- Coffee Tea

LUNCH (12-2PM)

Caesar chicken salad and bread

- Marinated half roasted chicken
 'Tom Yum Goong' with steamed brown rice

DESSERTS: Apple tart & fresh fruits

DINNER (6-8PM)

Grilled vegetables salad and bread

- Ink pasta, feta cheese, walnut and rocket salad
 'Phad See-ew' fried flat noodles with seafood in black soya sauce

DESSERTS: Lemon tart & fresh fruits

MENU 24

BREAKFAST (7-9AM)

- International* Fried eggs with chicken sausage
Local Touch Vietnamese noodle soup with chicken (Pho)

- Coffee Tea

LUNCH (12-2PM)

Quinoa salad and bread

- Lamb shanks stew with rosemary and smashed potatoes
 Chicken teriyaki with Japanese rice

DESSERTS: Mango panna cotta & fresh fruits

DINNER (6-8PM)

Spicy grilled pork salad and bread

- Chicken blanquette with stewed egg pasta
 'Rhad Na' rice noodles with pork in thick gravy sauce

DESSERTS: Banana cheese cake & fresh fruits

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MENU 25

BREAKFAST (7-9AM)

- International* Fried egg with pork sausage
Local Touch Boiled rice with fish and condiment
- Coffee Tea

LUNCH (12-2PM)

Mixed salad with lemon dressing and bread

- Mushroom truffle risotto
 Chicken teriyaki with Japanese rice

DESSERTS: Carrot cake & fresh fruits

DINNER (6-8PM)

Caesar salad and bread

- Beef parmentier truffle
 'Phad See-ew' fried flat noodles with seafood in black soya sauce

DESSERTS: Black forest cake & fresh fruits

MENU 26

BREAKFAST (7-9AM)

- International* Poached egg with ham
Local Touch Wonton noodle soup
- Coffee Tea

LUNCH (12-2PM)

Caesar chicken salad and bread

- Roasted pork loin with potato wedges and apple sauce
 Tom Kha Gai' with steamed jasmine rice

DESSERTS: Banana cake & fresh fruits

DINNER (6-8PM)

Smoked salmon salad and bread

- Fettuccini with pesto sauce and Kalamata olives
 Salmon tonkatsu, miso soup and japanese rice

DESSERTS: Caramel tart & fresh fruits

MENU 27

BREAKFAST (7-9AM)

- International* Eggs benedict with baked beans
Local Touch Congee with chicken and condiments
- Coffee Tea

LUNCH (12-2PM)

Quinoa salad with roasted pumpkin and bread

- 'Pad Thai Gai' stir-fried Thai noodles with chicken
 Crispy glaze tofu with maple soy and steamed jasmine rice

DESSERTS: Carrot cake & fresh fruits

DINNER (6-8PM)

Spicy grilled pork salad and bread

- Funghi pizza
 'Rhad Na' rice noodles with pork in thick gravy sauce

DESSERTS: Mango Panna Cotta & fresh fruits

MENU 28

BREAKFAST (7-9AM)

- International* Cheese omelet with grilled tomato
Local Touch Fried rice with pork and fried egg
- Coffee Tea

LUNCH (12-2PM)

Potato salad and bread

- Pork knuckle with mashed potato
 Stir-fried kale with seabass and steamed brown rice

DESSERTS: banana cheesecake & fresh fruits

DINNER (6-8PM)

Pomelo prawn salad and bread

- Fettuccini Bolognese
 American fried rice with ham

DESSERTS: Opera cake & fresh fruits

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MENU 29

BREAKFAST (7-9AM)

- International* Poached eggs with ham
Local Touch Vietnamese Chicken Noodle Soup (Pho)

- Coffee Tea

LUNCH (12-2PM)

Shrimp salad with avocado and bread

- Grilled chicken breast, asparagus, mashed potato and pesto cream sauce
 Salmon teriyaki with Japanese rice

DESSERTS: Raspberry pistachio mascarpone cake & fresh fruits

DINNER (6-8PM)

Tomato salad and bread

- Barramundi, mashed potato and red wine sauce
 'Rhad Na' Rice noodles with pork in thick gravy sauce

DESSERTS: Raspberry Panna Cotta & fresh fruits

MENU 30

BREAKFAST (7-9AM)

- International* Cheese omelet with pork sausage
Local Touch Chinese-style fried noodles with ham

- Coffee Tea

LUNCH (12-2PM)

Caesar chicken salad and bread

- Braised beef cheek, mashed truffle and carrot
 Stir-fried kale with snowfish and steamed brown rice

DESSERTS: Apple tart & mixed almond cake

DINNER (6-8PM)

Shrimp salad and bread

- Seared salmon with sauteed spinach and asparagus
 Chicken massaman with roti bread

DESSERTS: Lemon Tart & fresh fruits

MENU 31

BREAKFAST (7-9AM)

- International* Fried eggs with chicken sausage
Local Touch Congee with pork and condiment

- Coffee Tea

LUNCH (12-2PM)

Quinoa salad and bread

- Chicken blanquette stew with egg pasta
 'Tom Yum Goong' with steamed brown rice

DESSERTS: Mango Panna Cotta & fresh fruits

DINNER (6-8PM)

Spicy grilled pork salad and bread

- Beetroot pasta, feta cheese and walnut and rocket salad
 Stir-fried noodles with chicken breast

DESSERTS: Banana cheese cake & fresh fruits